

**ABSTRACT**

A manufacturing method for a shaped light metal article includes the steps of forming a plastic worked article by plastic working an article for plastic working made of light metal material, and subjecting the plastic worked article to a post-plastic working heat treatment for between 20 minutes and 10 hours at a temperature in a range of 250 to 400°C. As a result, a shaped light metal article is produced with sufficient ductility.

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